LITERATURE

AND THE GILLER GOES TO... ANDRÉ ALEXIS

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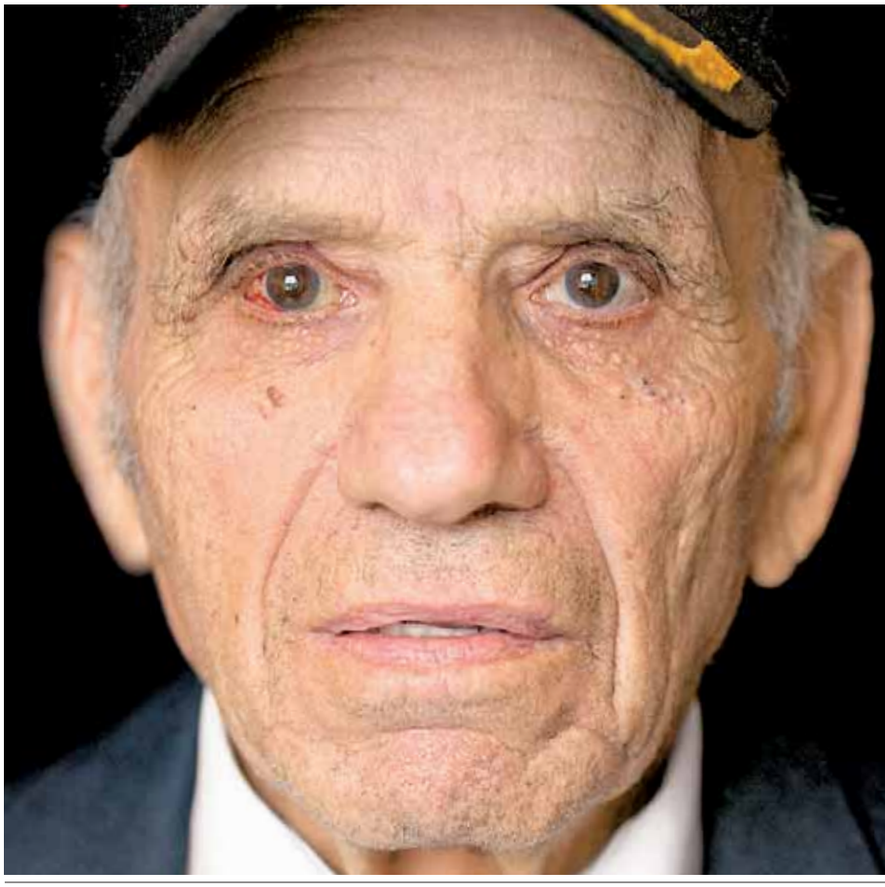
Your essential daily news | WEDNESDAY, NOVEMBER 11, 2015 | High 11°C/Low 9°C More rain



FACES *to* REMEMBER

"There's no need for young people to die. If you see death in the field, it's not glamorous like the movies. I start thinking of my kids and my grandkids. I don't want that for them. I'm lucky I came out unscathed, but a lot didn't. A lot didn't. A lot of them bear scars that you'll never see"

– William Mogavero, Korean War gunner

A PHOTO ESSAY *by* Liz Beddall

in metroNEWS

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metro NEWS

Your essential daily news

Seattle says goodbye to beloved wall of gum. **World**

POLICE

DNA helps revive 1990s cold case

Few who stopped by Scarborough's Penny Gas Bar in the early 1990s could have imagined the back story of the man working the lonely overnight shift. Back home in India's Punjab province, Surinder Singh Parmar had earned a PhD in history, he was the headmaster at a school and he had a family — a wife, a 12-year-old daughter and a six-year-old son.

But the 38-year-old had left it all, hopped a plane and in June 1990, embarked on an experiment of sorts: he'd spend seven months living and working in Canada, testing out the place before deciding if he would bring over his family to start a new life.

Parmar's wife and kids did indeed uproot and follow him to Canada but under drastically different circumstances: they settled in Ontario after flying in for his funeral.

On Nov. 19, 1990, at the beginning of his shift at the 24-hour gas bar on Danforth Road — where he was hired just a few weeks earlier — Parmar was brutally attacked with a knife inside the station's men's bathroom during a vicious robbery of a small amount of cash.

Toronto detectives and police dogs swarmed the scene and collected evidence, but their leads went nowhere. The evidence was boxed up and after three years, the death became a cold case. For Parmar's widow and kids, there were no answers for more than two decades.

Then, just short of the 25th anniversary of Parmar's murder, a break: on Monday, Toronto police officers arrested Rupert Richards, 61, at his west-end Toronto home and charged him with first-degree murder in Parmar's death.

"I think he was quite surprised to see us," Det.-Sgt. Stacy Gallant said at a news conference Tuesday.

Investigators are revealing few details about the developments but they say movement on the case came not because of fresh evidence but a careful re-examination of crime-scene DNA and fingerprints, using state-of-the art technology.

"New tests on old evidence," Gallant said, adding the re-investigation of Parmar's murder began just three months ago. "This is evidence that had been sitting in boxes on a shelf for years, just waiting for its turn."

The arrest is the first breakthrough from Toronto police's Project Never Give Up, a new initiative born of a recent internal review to improve the force's investigation of unsolved homicides. The project encourages officers to use forensic technologies on old samples, such as DNA and fingerprints, said Staff Insp. Greg McLane.

> **"This is evidence that had been sitting in boxes on a shelf for years."**
> Det.-Sgt. Stacy Gallant

"There are going to be other cases that have these golden nuggets in them that we're going to look for, and we'll mine them out," he said. "We're very optimistic."

Richards appeared in court Monday and is scheduled back in court next week. Currently unemployed, he is known to police and is facing other unrelated charges including failing to provide a breath sample and possession of an illegal substance.

Gallant said Parmar's family members were in "a state of disbelief" when police contacted them Monday about the arrest in the case.

"They were shocked," said Gallant. "To go 25 years without knowing who did this to their father has been very difficult for them."

TORSTAR NEWS SERVICE

Surinder Singh Parmar was killed in a gas station 25 years ago. CONTRIBUTED

Holiday spirit is free, just not on weekends

DISTILLERY DISTRICT

Market to start charging $5 admission

Luke Simcoe
Metro | Toronto

The Toronto Christmas Market will be charging admission on weekends this year, but organizers say the move is more Santa than Scrooge.

The market — which opens Nov. 20 — has become a victim of its own success, executive director Mathew Rosenblatt said. Last year, Christmas cheer was dampened slightly as huge crowds led to long lineups and other complications, he said.

"The Christmas market's mandate is for everyone to come down here and truly enjoy the Christmas season, and we didn't think we could best deliver that with the numbers of people who were coming down on the weekend," Rosenblatt said.

So, in a bid to encourage Yule-seekers to visit the market during the week, there will be a $5 admission fee on Saturdays and Sundays.

"We're not looking to reduce the numbers overall; we're looking to shift them and spread them out over more days," said Rosenblatt.

Now in its sixth year, the Christmas Market takes place in the Distillery District and offers attractions for all ages, ranging from mulled wine gardens to Santa visits and a tree with more than 18,000 lights and ornaments.

The revenue will be used to cover costs of the market, which has a budget of roughly $1.5 million. Any money left over will be re-invested in future events or donated to charity, said Rosenblatt.

The fee will help the event rely less on corporate sponsors.

"We try to keep the corporations to a minimum," he said. "The Christmas market is a place for people in the city to gather during the holiday season and rediscover the magic of Christmas."

Weekend tickets will also be redeemable for five dollars off any purchase of more than $20 made at participating retailers.

"Some people, whether out of principle or pocketbook, were unhappy with the charge, but when we explained that it's a non-profit and it gets invested back, the vast majority of those people understood," Rosenblatt said.

Visiting Santa's elves and taking in Christmas lights on weekends will come at a cost this year in the Distillery District. Organizers say it's meant to even out visitor volumes. CONTRIBUTED

HISTORY

The Christmas market tradition dates back to the late Middle Ages in Germany. The market in Vienna was first held in 1294.

Toronto's Christmas Market is much newer, but it's already been hailed as one of the world's top ten holiday markets by Fodor's.

HEALTH

Ontario a poor place for quick doctor's visit

The agency responsible for monitoring the quality of health services says Ontario is among the worst jurisdictions when it comes to getting an appointment with a doctor.

Health Quality Ontario says only 44 per cent of residents can get same-day or next-day appointments with a primary care provider, the lowest performance out of 10 countries of similar social and economic status.

The number of people who can get a quick doctor appointment falls to 28 per cent in northwestern Ontario and 35 per cent in the northeastern half of the province.

The agency says that where you live and how much you earn can impact your care, warning that people are less likely to receive optimal care if they're immigrants, poor or live in rural or remote areas or northern Ontario. It adds that 86 per cent of immigrants who've been in Canada less than 10 years have a primary care provider, compared with 94 per cent of Ontarians born in Canada. THE CANADIAN PRESS

IN BRIEF

Second person charged in death of 59-year-old

A second Toronto man has been charged in connection with the death of 59-year-old Ming-Chien "Teresa" Hsin this spring. According to Peel Regional Police, the two suspects were arrested by officers from the Homicide and Missing Persons bureau on Monday. Justine Ordonio, 25, was arrested and charged with first-degree murder on Tuesday. He is scheduled to appear in court for a bail hearing Wednesday. TORSTAR NEWS SERVICE

Man arrested in series of 'random' assaults

A man has been arrested for a series of "random" assaults near Yonge and College Tuesday afternoon, according to police. Nigel White, 38, faces charges for three separate attacks on Nov. 5.

Police say White knocked down a 50-year-old man before entering into College Park Shops and shoving a 70-year-old woman while walking downstairs, and punching a 54-year-old woman at the bottom of the stairs, knocking her to the ground. TORSTAR NEWS SERVICE

Police hunt for man who put syringes on city hall doors

Police are looking for a man responsible for tying syringes to city hall doors on two occasions.

The first incident happened on Oct. 25, when two capped syringes were found tied to the front doors of city hall with blue rubber ribbons. The man then made a second attempt on Nov. 1. Police describe the male suspect as white, with dark hair in a "puffy" pony tail. He was wearing black pants with a red stripe or red writing down the sides of each leg and carrying a dark backpack.

TORSTAR NEWS SERVICE

New York-style news on the streets of Toronto

TOURISM

Street kiosks would be an 'excellent idea,' councillor says

Chris Bateman
For Metro | Toronto

Street kiosks like this New York City jewel could be coming to Toronto if one city councillor gets her way. GETTY IMAGES

Everything from Broadway tickets to Italian-style paninis are available from street kiosks in New York City.

If Coun. Michelle Berardinetti gets her way, something similar could arrive on the streets of Toronto before long.

"I've seen them in Rome and New York and Philadelphia — major cities around the world," she said. "It's something I thought was an excellent idea."

Berardinetti is asking the city's public works committee to investigate allowing private businesses to open small, semi-permanent structures on the public right of way.

"Residents, tourists as well, can purchase things like maps, tour tickets, venue tickets and soft drinks or snacks," she said.

They "would obviously have to have some access to utilities, but they would be structures that would be convenient for people to grab a paper, tickets, maps, that sort of thing."

Placed in areas with high foot traffic or large numbers of tourists, the structures could also be used as waste disposal or water bottle-refill locations, provided there's enough sidewalk space left over.

"You don't want them impeding pedestrians," Berardinetti said.

Many elements of the city's street furniture — transit shelters, benches, garbage cans, newspaper racks — are provided through a contract with Astral Media Outdoor LP. It's possible the city may be obliged to discuss the kiosk idea with Astral, Berardinetti said.

"I think it will be interesting to hear back from city staff, but they seem at least agreeable to the idea," she said.

THE JUNCTION

A new way to solve a murder mystery: Walk around

Jessica Smith Cross
Metro | Toronto

When you're stuck on a particular problem, go for a walk and think it out.

That's the thinking behind a new interactive, audio murder mystery set in Toronto's Junction neighbourhood in 1914.

Wonderland: A Solvitur Ambulando Mystery was created by local artist Jim Munroe. It's an audio book, available on iPhones, with a twist. At the end of each chapter, the listener is asked to solve a problem in order to proceed.

That's where the Solvitur Ambulando part comes in. It's Latin for "it is solved by walking," which is taken quite literally in this case.

If the listener is stuck on a clue, they can drop their phone in their pocket and go for walk. With every 500 steps another letter of the solution will be revealed.

"For me, it's always been an amazing source of inspiration and problem solving to go for walk," said Munroe.

"I think you're more likely to solve a puzzle when you're not in front of your computer staring at your screen, but when you're walking and letting your brain doing its own thing."

The clues relate to the central mystery of the story: A projectionist at the Wonderland Theatre has found the body of a vaudeville entertainer between the aisles and has been told by his theatre-tycoon boss, Mr. Joy, to deal with it.

"It's set against the backdrop of a fairly vibrant theatre district that was in The Junction at the time, one of the city's first theatres was called The Wonderland," said Munroe.

Listeners will immediately tune in to the Toronto setting, the streetcar's chime and the history of The Junction feature prominently from the outset.

Munroe said the mystery can just as easily be enjoyed walking around The Junction or any neighbourhood in the world.

For more information visit, walkingsolvesit.com.

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TORONTO STAR TOUCH

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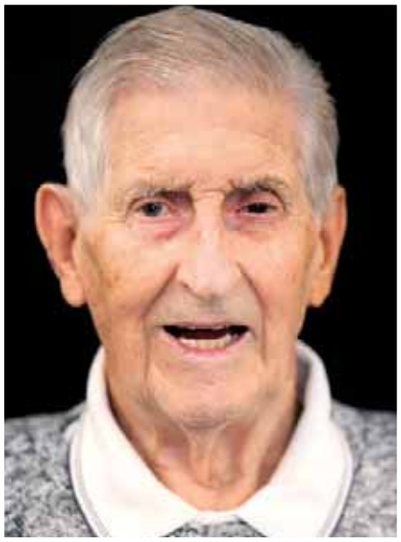
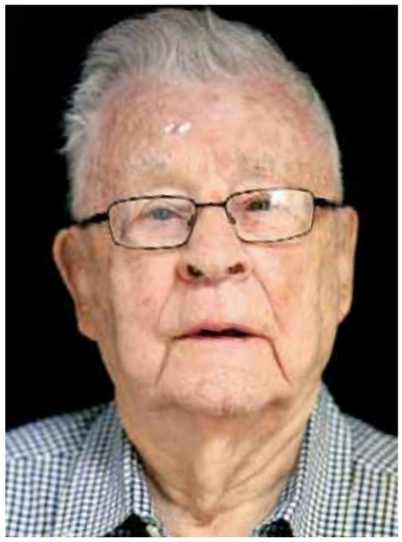
The faces of our heroes

Some of the hundreds of veterans at Sunnybrook Veterans Centre — remembered today for their courage, service and sacrifice. **LIZ BEDDALL** METRO

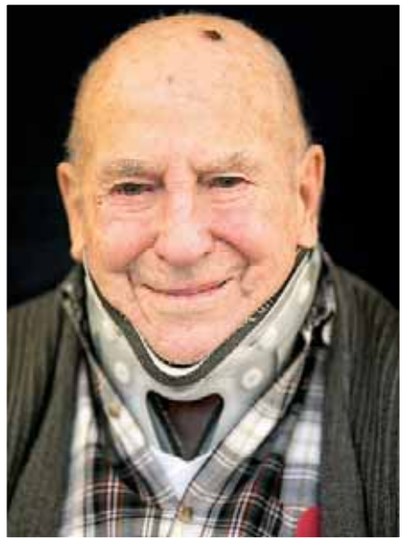


JOHN NEWELL
The Canadian Army
WWII

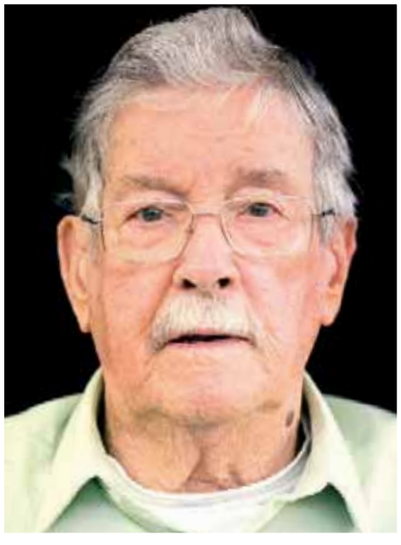


DOUGLAS COCHRANE
Royal Canadian Air Force
WWII

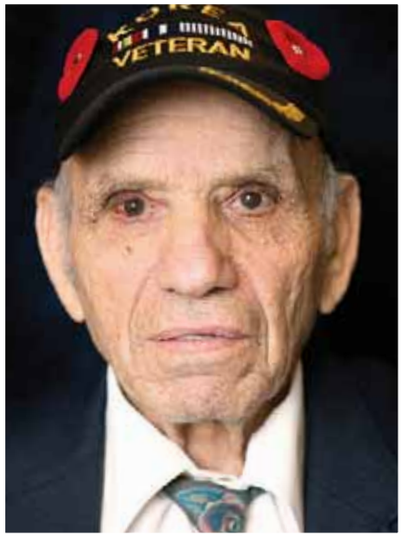
ELSIE JOYCE
Royal Canadian Air Force
WWII



GORDON SWAYZE
Royal Canadian Navy
WWII



RONALD BEAL
The Canadian Army
WWII



WILLIAM MOGAVERO
Royal Canadian Horse Artillery
Korean War

JOAN PRESTON
Royal Air Force
WWII

LES FONTAINE
Royal Canadian Navy
WWII

"I hope that you people never inherit this situation again — let's hope it's the end, but it doesn't seem to be. Every time you pick up the newspaper, there's something breaking out somewhere. It's sad."

— Douglas Cochrane

Liberals facing a deeper deficit

Finance Minister Bill Morneau. THE CANADIAN PRESS

FINANCE

Economic lull will make it tougher to balance books

The federal government will open its books to public scrutiny before the end of the year, Finance Minister Bill Morneau promised Tuesday after a report warned deteriorating economic conditions could drive Canada into deeper deficits.

The report by the parliamentary budget officer suggested the new Trudeau government was on track to face larger-than-expected baseline shortfalls in the coming years.

The Liberals won the Oct. 19 federal election after vowing to roll out large spending plans for projects like infrastructure, which the party argued will kick-start economic growth.

But the revised figures suggest it will be tougher — by billions of dollars — for the Liberals to fulfil their campaign promise to cap deficits at no more than $10 billion over the next two years and still balance the books by 2019-20.

Morneau said it was premature for any decision on whether the government would tweak campaign commitments. THE CANADIAN PRESS

WE DAY

Trudeau addresses youth at event in Ottawa

Prime Minister Justin Trudeau has told kids: you can change the world. Trudeau and his wife Sophie Grégoire-Trudeau addressed 16,000 youth who attended We Day in Ottawa on Tuesday. The event celebrates young people's contributions and encourages them to get involved with their community. TORSTAR NEWS SERVICE

SYRIAN REFUGEES

Processing will be in Canada, UN says

Syrian refugees being brought to Canada by the Liberal government will only be given temporary residency permits until their cases have been fully processed in Canada, the United Nations High Commissioner for Refugees says.

It's the first sliver of concrete detail about how the Liberals will meet a target to resettle 25,000 people by the end of the year, a logistical challenge now being overseen by a cabinet committee set to meet for the first time Tuesday.

In a statement Tuesday morning, the UN's Antonio Guterres said his agency is working with the government to identify people for resettlement — particularly from Lebanon and Jordan — and help facilitate their move.

He said Syrians coming to Canada will initially receive a temporary residence permit, which will be replaced by permanent status after processing in Canada. They'll be eligible to apply for citizenship in four years.

Guterres also welcomed the Liberal government's commitment to resettling 25,000 Syrians by the end of the year, calling it a huge gesture of solidarity and urging other countries to follow suit.

"Too many vulnerable refugees are languishing in countries neighbouring Syria, caught in a downward spiral of poverty and risk as they struggle to meet their basic needs," he said. "We need many more ambitious programs like this to offer Syrians a chance to start their lives anew."

> **We need many more ambitious programs like this.**
> Antonio Guterres

The federal immigration department couldn't immediately confirm the details or provide any additional information about the plan.

On Monday, John McCallum, minister of immigration, refugees and citizenship, said while the target remains 25,000 Syrians by the end of the year, the government doesn't want to rush it.

"We are also determined to do the job well, which means proper consideration be given to security concerns and to health concerns," McCallum said. THE CANADIAN PRESS

IN BRIEF

Government to consult on terms for inquiry

The Liberal government will begin the process within the next "couple of weeks" of consulting Canadians on how best to proceed with an inquiry into missing and murdered aboriginal women, the country's new indigenous affairs minister says. In an interview with The Canadian Press, Carolyn Bennett indicated that the start of pre-inquiry consultations will be announced before the end of the month. THE CANADIAN PRESS

Montreal to begin sewage dump on Wednesday

The City of Montreal says it will begin dumping eight billion litres of untreated sewage into the St. Lawrence River on Wednesday after it agreed to conform its discharge plan to the federal government's conditions. Environment Minister Catherine McKenna said Monday she would permit the dump as long as the city implemented risk-mitigating measures to limit the sewage's effect on the river. THE CANADIAN PRESS

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SEATTLE

Gum art officially off the wall

A piece of Seattle history is coming down — or rather, a million little pieces.

Crews are cleaning up the famed "gum wall" near Pike Place Market, where tourists and locals have stuck used chewing gum for the past 20 years.

The wall is plastered with wads of gum in a kaleidoscope of colours, some stretched and pinched into messages, hearts and other designs. On Tuesday, powerful steam cleaners were melting it all off.

"It's an icon. It's history," said onlooker Zoe Freeman, who works near Pike Place. "The market is famous for the gum wall. But it also draws rats."

THE ASSOCIATED PRESS

Gum graffiti on the "gum wall." THE ASSOCIATED PRESS

Clashes at Calais camp

FRANCE

Migrants throw rocks, police respond with tear gas

Riot police and migrants camped near the French port of Calais clashed in overnight violence that aid workers said reflects the growing frustration of refugees' inability to smuggle themselves aboard trucks and trains bound for the U.K.

Calais police said officers monitoring the 6,000-resident shantytown east of the port city were pelted with rocks after midnight Monday and again Tuesday as migrants repeatedly tried to block a neighbouring highway that leads to the main ferry terminal. They said 27 officers have suffered minor injuries, including 11 early Tuesday.

Aid workers said police fired tear-gas canisters at rock-throwing crowds on the highway and in the camp. No serious injuries were reported.

"Police came into the camp, halfway up the main drag, and fired tear gas right into the camp," said Rowan Farrell, a volunteer from Manchester, England, who helps to run a library and other support services for the camp.

Tensions have been mounting since France started imposing tough new security measures, including five-metre-high razor-topped fences and increased police patrols, to stop the flow of undocumented people from reaching Britain by boat or train.

Migrants in the camp say the rising nighttime unrest reflects frustration among young single men given lowest priority for better housing, because the tightened security has effectively killed their hopes of reaching Britain.

"There's more and more desperation in the camp coming to a climax," Farrell said.

THE ASSOCIATED PRESS

A three-year-old in line for donations in a migrant camp near Calais, France. THE ASSOCIATED PRESS

770K

The number of migrants whose applications for protection are on hold. One in three have been waiting over three months, with more than 200,000 in limbo for six months.

IN BRIEF

Small jet crashes into Ohio apartment building

A 10-seat Hawker H25 business jet crashed into an empty apartment building in Akron, Ohio, Tuesday, killing at least two people aboard. It clipped a utility wire on the way down and burst into flames and disintegrated after impact, Ohio State Highway Patrol Lt. Bill Haymaker said. The plane then hit an embankment beyond the apartment building, causing a nearby house to also burn, he said. There were no known injuries on the ground, he said.

THE ASSOCIATED PRESS

British PM lays out what's needed to remain in EU

British Prime Minister David Cameron laid out U.K. demands for European Union reform Tuesday, things that would let him make the case for staying in the 28-nation bloc. Cameron said the EU must agree to cede autonomy back to member states and limit freedom of movement, a key EU principle, by allowing the U.K. to restrict benefits for European immigrants. THE ASSOCIATED PRESS

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66% Spike In Recent Foreclosures Plus Aging Baby Boomers Downsizing Creating Discounted Property Frenzy In U.S.

New Real Estate Bonanza

Right now while you are reading this, hedge funds are buying U.S. property in mass. Foreign nationals are loading up on houses as fast as they can. Some savvy individuals are snapping up housing in the U.S. like never before.

In October, Reuters reported private investment firm Starwood Capital Group got in the game. They purchased 23,262 mid-rise and garden-style apartments for a whopping $5.37 billion. Other hedge funds are buying entire subdivisions under construction.

The Chinese are the number one overseas investors of U.S. real estate. Often they will buy 10 condos at once, sight unseen.

Does all this investment activity show the U.S. headed for another property bubble? The answer is no.

Demographics are driving demand for rental property to heights unseen in American history. Bloomberg Business says rents are only going higher.

The Millennials saddled with student debt, are choosing to rent. Others want to live in cities and avoid long commutes home ownership often demands.

One of the fastest growing demographic segments in the U.S. is those over age 65. Their downsizing activity is flooding the market with discounted property.

Foreclosures, Flips & Flowing Money

Foreclosures clogged in the U.S. courts are now surging. Those that know how are gaining windfalls of opportunity for flips or portfolio growth.

Yet individual investors are asking, "Can I still find good deals in U.S. property?" The answer is an emphatic YES.

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BANKING

New ombudsman wants more teeth

Canada's new financial-services ombudsman says she would welcome regulatory changes giving the organization more power to enforce its decisions — but notes that such changes would come at a cost.

The Ombudsman for Banking Services and Investments, or OBSI, is an impartial organization that serves as an alternative to costly legal battles by resolving disputes between banks or investment firms and their customers.

> **Nobody is really happy with naming and shaming.**
> Sarah Bradley

But although OBSI can recommend that firms compensate clients up to $350,000, companies are under no obligation to abide by the organization's decisions.

OBSI's only enforcement tool is its "name and shame" mandate, which allows it to go public with its findings if a company refuses the arbitrator's recommendations.

However, Sarah Bradley — the woman chosen to head up the organization after long-serving ombudsman Douglas Melville stepped down last spring — says that system contains weaknesses.

"Nobody is really happy with naming and shaming," said Bradley.

For consumers, the lack of teeth means no compensation may be paid. For the financial services industry, publishing investigation details leaves all firms "tarred with the same brush," Bradley said.

THE CANADIAN PRESS

VIDEO

Sony lays Betamax to rest, 40 years on

Sony is finally killing Betamax videotapes, the loser in the VCR wars of the 1970s and 1980s.

The company announced Tuesday it will end sales of the product in Japan, the last stronghold, next year. Sony Canada spokesperson Ved Khan confirmed in an email shipments will end in March 2016.

Sony hasn't made a camera compatible with the MicroMV — a mini-cassette format — in 10 years. Betamax video players have been out of production since 2002. Betamax tapes are also no longer on assembly lines, though new cassettes — for both VCRs and camcorders — are available on Amazon and eBay in Japan.

Tossed out as punch lines or cautionary tales since the 1990s, Betamax products were launched in 1975.

In 1976, JVC launched its own format, setting off a drawn-out battle of the brands.

Explanations for why Betamax failed to become the household video standard — and instead became a byword for brand defeat — are varied.

The common narrative holds that the Betamax format cost more to manufacture than the VHS and, crucially, had a recording time of one hour versus VHS's three. While Betamax may have had a superior picture quality, JVC also showed a willingness to share their technology and licensing.

TORSTAR NEWS SERVICE

People tour the Bombardier Global 7000 aircraft and facility in Toronto. The CSeries jet project has saddled the company with debt, forcing it to struggle to raise cash in order to keep it afloat. NATHAN DENETTE/THE CANADIAN PRESS

Bombardier has to make its case: PM

BAILOUT

Trudeau says aid decision won't be based on emotion

If Montreal-based aerospace manufacturer Bombardier Inc. needs federal money to aid its CSeries jet project, it'll have to make a "strong business case," Prime Minister Justin Trudeau told a meeting of labour leaders Tuesday.

Trudeau was responding to questions at a closed-door Canadian Labour Congress (CLC) gathering in Ottawa — the first time a sitting prime minister has addressed the country's biggest labour body in more than 50 years.

He told the CLC's Canadian council that his government won't prop up a business on the basis of emotion or politics, sources inside the room disclosed.

Trudeau did, however, characterize Bombardier as a high-value manufacturer in the same league as the auto sector, which received government money to help it get through the 2008 recession.

1958

The year John Diefenbaker appeared before the Canadian Labour Congress — the last time a Canadian prime minister did so.

"How we can best invest and support that kind of manufacturing needs to be done responsibly and with our eyes open, and not just based on emotion or politics or symbols," he said.

The Quebec government said last month it would invest $1 billion in the CSeries in return for a near 50 per cent stake in the project.

Since then, the province has been lobbying Ottawa, asking them to match the contribution.

The project has saddled the company with debt, forcing it to struggle to raise cash in order to keep it afloat.

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IN BRIEF

Labatt Breweries to buy Mike's Hard Lemonade

A growing taste for sweeter drinks has pushed Labatt Breweries into acquiring the Canadian rights to Mike's Hard Lemonade, Okanagan Cider and a couple of other alcoholic beverages. The brewer said Tuesday it has struck a $350-million US deal with the Mark Anthony Group that will also give it ownership of Palm Bay pre-mixed drinks and the Turning Point Brewery in British Columbia.

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Your essential daily news
Wednesday, November 11, 2015

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

I was visiting Toronto recently and rode the subway every day. When I needed to get off the train, the person sitting in the aisle seat never stood up to let me out. They made me squeeze past. What's up with that?

Dear Ellen,

I was visiting Toronto recently on business, and rode the subway every day for a week. I noticed when I was sitting in the seat next to the window, and needed to get off the train, the person sitting in the aisle seat never stood up to let me out. They just swung their legs around and made me squeeze past them.

What's up with that?

Jake, Winnipeg

Dear Jake,

I know!

I too am from Winnipeg, and even after decades in Toronto, I still find it odd how bus and subway riders who sit in the aisle seats refuse to stand up to let you out. As you say, they just sit there like stumps, barely making an effort to shuffle their legs to the side, seemingly unable to lean back more than a centimetre to make room for you to exit.

Do they like getting their heads smacked with our bags and knapsacks as we dive past them toward the closing doors they seem intent on barring us from? Maybe they're too stunned by their own commute to notice. Do they want us to stick our bums in their faces as we wriggle past? Let's hope not.

Perhaps we can surmise that transit users in Toronto are too exhausted to stand after yet another day of being the busiest, most important people in Canada … except that would be sarcastic, and impolite.

After years of pondering this lazy, shiftless behaviour, I've mostly learned to ignore it.

Also, I dare not disparage Torontonians overall, since I'm now more or less one of them myself. I've come to appreciate this sometimes exasperating, often wonderful city in spite of my Prairie roots. And, after years of dealing with blind prejudice on both sides of the equation, I can tell you with absolute authority that the only thing worse than a hick from out West trashing T.O. is an old-school Torontonian getting all snotty about non-natives who don't know the rules. Which is rich since hardly anyone in Toronto these days is actually from Toronto in the first place.

That's the weird thing about those subway seat-mates who'd rather roll about on their haunches than stand and step aside: They come in all shapes, sizes and ethnic origins, yet I've never seen this behaviour on public transit in other cities, in Canada or elsewhere.

After years of pondering this lazy, shiftless behaviour, I've mostly learned to ignore it, though every so often it absolutely enrages me and I'm tempted to deliver a lecture, if not a headshot, to the slouching offender. The trouble is, self-righteous indignation makes me even wordier than usual, so once I got going I'd probably miss my stop.

My solution is to think of something else. Like squirrels.

Did you notice they're mostly black here? Amazing, eh? They're the same variety as Winnipeg's eastern greys, but for unknown reasons, Toronto has a "melanized strain" that dominates. According to Heritage Toronto, scientists in the 1970s found that black squirrels conserve significantly more heat in the wintertime than grey squirrels, which doesn't even make sense, since squirrels in Winterpeg could definitely use that heat-conserving capacity way more than the relatively coddled rodents of Toronto's humid continental climate — and that should just about cover all the time you'll need to get out of your seat and off the train.

Peace out.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

The Liberals' first weeks have been a feat of marketing genius

This honeymoon is one for the marketing books.

Its tone is full-on glee, as if the nation were being directed by Joss Whedon, singing in the streets out of a deep compulsion we can't quite pinpoint.

The glee (admittedly not shared by certain readers of Sun Media) should be understood in part in relation to the greyness that came before, the way that lukewarm water can scald those with hypothermia.

It should also be understood as the fine-tuned tug of heartstrings that has been the Liberals' after-election playbook, a kind of multi-platform, slightly subversive and seemingly authentic branding exercise that could win awards. There's governing — and then there's governing style.

My favourite is the painting switch, which you might dismiss as a matter of decorating the Foreign Affairs building in Ottawa, but reads as a branding exercise, given the timing. By replacing a portrait of the Queen with the paintings of a lauded Canadian artist that had hung there before the Conservatives, the Liberals hit a high Canadiana note (and low authoritarian one) without having to say a word.

Then there's the Trudeaus' choice to live in Rideau Cottage while 24 Sussex is renovated. A practical move, yes, but one that sends the message that the family is approachably (read: Canadianly) powerful.

Stephen Harper ran his cabinet in a manner reminiscent of Lord of the Flies, except almost no one but him ever got the conch. According to the Liberals' marketing playbook, it's not enough for ministers to simply talk to the media; they're tweeting out offers to appear on Power and Politics. Even the way the ministers are talking carries the vibe of a group counselling session: To watch the new justice minister Jody Wilson-Raybould's humble interview with Rosemary Barton is to marvel that Chris Alexander's disastrous appearance was only a few months ago.

In B.C., CBC journalists were actually called, by Environment Canada, and asked what kind of government research they'd like to highlight on the radio.

Then there's the cabinet itself, which isn't the all-encompassing representation of races you'd need for true equity, but is still sufficiently non-white-male to make a statement. The appointments themselves of course aren't pure optics, but they were heavily marketed as a diversity story.

Overall, I'll admit, I'm actually enjoying watching this rollout, this setting of the stage. And I suppose I shouldn't be surprised by the attention to detail — presumably, it got them here.

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Conductor Jordan de Sousa, 27, leads a new punk-opera composition in Toronto this month

Nigella Lawson feels good

INTERVIEW

English foodie celebrates the balanced life in new cookbook

Theresa Albert
For Metro Canada

Nigella Lawson's new cookbook Feel Good Food focuses on the simplicity of comfort foods. TORSTAR NEWS SERVICE

For iconic beauty Nigella Lawson, her life, like her latest book, Simply Nigella — Feel Good Food, is about balance. "But that's not a very grabbing message, is it?" she says.

Oh yes it is, when it comes in such a pretty package. She wanted these pages of cookery to contain "a lot of light, be serene and yet cozy."

Lawson is quite a messy person who likes the clutter of things in the kitchen and in life as they come together. She doesn't fuss with being tidy, generally.

But in the book, the TV chef conveys order and balance — take for instance the Strapatsada, which is a whole new comfort food supper take on scrambled eggs.

Lawson says this is the sort of supper you need when you get home and the fridge is bare. Breaking her "no tomatoes with eggs" rule, it is essentially a perfect one pan blend of fresh tomatoes, tomato paste and eggs meant to be spread on crusty bread. Feels like the kind of thing one would eat in bed with a remote control in the other hand.

Like most of her work, Simply Nigella also conveys a very personal glimpse into her kitchen. She uses the first-person voice and commentary right in the recipe instructions (an editorial no-no). In the Strapisada recipe she calls herself "a lazy English person" who can't be bothered peeling tomatoes.

She eschews the idea that her words and on-camera presence is ladled with double entendre. She isn't sensuous for the camera in her word choice or actions — "it's just me!" she insists, peppering her conversation with food descriptive like "relish the moment" in her dulcet voice.

> **Life is just too short to do all that planning and resisting. I cook what I want and consume what I like.**
> Nigella Lawson on leading a balanced life

Her whole life attitude is very of-the-moment and her health message is inclusive to the extreme. In the book, she does focus on whole foods but avoids nothing. Meat and bread, butter and cream are all invited to the cooking party.

"I find it is those who deny themselves a bit of dessert who end up eating more," she says. Why not consume something delicious and enjoy the pleasure? "Life is just too short to do all that planning and resisting".

"I cook what I want and I consume what I like," says Lawson. For instance, upon her arrival in Toronto she went out for dinner and fresh off the plane her body craved greens. The crisp, wet, crunch of a salad was satisfying and her entree was light, too. When the dessert menu came around, she considered it and would have had a luscious slice but she felt like more salad. So that's what she had. She admits that on another day she will consume nothing but bread and cheese.

Balance takes a wide berth, not a narrow view.

As for her beauty regimes, she moves. Not exercises — moves. She finds joy in the regular motions of life — exerting effort to lift and carry and bend is a gift. It isn't about butter and cream or beating yourself up at the gym, it is about both. She considers it a privilege to embrace yet another day of this life, having lost too many too young since both her parents and her first husband passed on early. "Worrying about aging is just silly, there's not much one can do about it, is there?"

It does beat the alternative, yes.

Her cooking style is thus: pick an ingredient, fall in love with it and use it up until it is finished. Her recipe for Pea and Broccoli soup does just that (check out the recipe on the next page) by making sure that there are three other recipes to use up the broccoli.

To those who would follow in Lawson's footsteps, she would say to write about food using your own voice.

Anyone can write a recipe. But to curate an idea and love pieces of food together into your own expression of consumable art invites people into your world. Luckily, she has invited us into hers yet again.

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RECIPE EXCERPT FROM FEEL GOOD FOOD BY NIGELLA LAWSON

‘Pea and broccoli soup’

From quick workday dinners to stress-free ideas for feeding a crowd, Nigella Lawson’s book Feel Good Food features recipes that are uncomplicated, relaxed and always satisfying.

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You can never have too many pea soups for my family and, indeed, previous books have been rich in pea soups, all of which I still cook. Not for nothing does the great Nigel Slater call me “the queen of the frozen pea” (an accolade I am most proud of) and this is my latest version, which I’ve been cooking for the past couple of years, and am more than happy to unveil now.

Along with the frozen peas, you could easily use frozen broccoli and, what with these 2 ingredients in the freezer, and the mint teabag, this makes for a great store cupboard supper. This is not the soup’s chief virtue: the sweetness of the peas and the brassic boldness of the broccoli hold each other in check; and the merest touch of mint in its hinterland gives this a certain delicate grace.

I don’t quite remember what induced me to use a mint teabag as broth for the soup, but very pleased I am too with my innovation. Please do, though, use pure mint tea and not some fancy mixture. Or rather, by all means try whatever fancy mixture you have in the house, only bear in mind it was your addition should you be less than pleased with it.

It occurs to me only now that this soup is most virtuous in its ingredients, but, believe me, it tastes nothing of restraint. It was devised to give pleasure, not to deprive — and I’m glad to say it delivers — and with speedy ease.

Ingredients

- 5 cups hot water, from a recently boiled kettle
- 1 pure mint teabag
- 2 teaspoons sea salt flakes or kosher salt
- 2 fat or 4 small cloves garlic, peeled
- 2½ cups frozen peas
- 3 cups fresh or frozen broccoli florets

Directions

1. Pour the water into a saucepan, one that comes with a lid and that is also large enough to take all the ingredients later, then drop in the teabag, stir in the salt, and leave to infuse for 5 minutes.

2. Take out the mint teabag, squeezing out all its minty juices as you do so, then put the lid on the saucepan and bring the mint water to a boil.

3. Once the mint water is boiling, add the garlic and frozen peas, and then let the pan come back to a boil with the lid on.

4. Now add the broccoli and cook, this time with the pan only partially covered, for about 10 minutes, or until the broccoli is soft. You do not have to alter this procedure should you be using frozen broccoli rather than fresh.

5. Let the soup cool just a little before blitzing with a stick blender until smooth, then season to taste and serve.

To store: Cool leftovers, then cover and refrigerate within 2 hours of making. Will keep in refrigerator for up to 3 days. Reheat gently in a saucepan, stirring occasionally and adding extra water if needed, until piping hot.

To freeze: Cooled soup can be frozen, in an airtight container, for up to 3 months. Thaw overnight in refrigerator and reheat as in Store Note.

NIGELLA LAWSON RECIPE

Feta and avocado salad

Use the best chunky, Greek feta (made from sheep or goat’s milk) you can find and a fragrant olive oil. Nigella Lawson eats this simple supper with warm Turkish flatbread.

Fittingly named nigella seeds (kalonji) are popular in Indian cooking. If you can’t find them, Lawson offers three substitutes.

Adapted from Simply Nigella.

Ingredients

- 1/2 medium red onion, peeled
- About 1/2 cup (125 mL) red wine vinegar
- 8 oz (225 g) feta cheese
- About 1/2 tsp (2 mL) nigella seeds (kalonji) or black mustard seeds, toasted sesame seeds or za’atar (spice blend)
- 1 ripe avocado, halved, pitted, cut into long, thin slices
- About 2 Tbsp (30 mL) pomegranate seeds
- Extra-virgin olive oil

Directions

Slice onion as thinly as possible in fine half moons. Put in small, non-metallic bowl. Cover with vinegar. Let stand, covered, at least 2 hours or up to 1 week in fridge until onions are a vibrant crimson.

Set out 2 large plates. Divide feta between them, breaking into uneven chunks. Sprinkle with nigella seeds or substitute. Arrange avocado around feta. Scatter everything with pomegranate seeds. Drizzle with oil to taste. Lift onions from vinegar and drape over salad.

Makes 2 main servings.

Nigella Lawson’s salad TODD KOROL/TORSTAR NEWS SERVICE

CONTROVERSY

Nigella toasted over avocado tip

It’s the simple pleasures in life that satisfy Lawson, like eating her favourite mashed avocado on toast for breakfast. Little did she realize that sharing that quick dish on her TV show would spawn a torrent of snarky tweets and headlines around the world.

In a Simply Nigella episode devoted to “quick and calm” recipes, Lawson demonstrates how she spreads mashed avocado on some bread and sprinkles sliced radishes on top.

The recipe is more elaborate in her cookbook, which involves pickling the radishes overnight and adding ginger to the avocado.

The domestic goddess said she was flummoxed by the controversy about the simple snack. “Had I said, ‘Here’s a recipe that’s quite hard ...’ — but I didn’t,” said Lawson.

“I was just chatting about what I have for breakfast a lot of days. I prefaced it with a remark that ‘this isn’t a recipe,’” she continued.

“To be charitable, I think I was being wilfully misunderstood. But it doesn’t really matter to me.”

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I can't express how happy this makes me feel and how much I now enjoy some silence. I still take Ear Tone, just to make sure I keep my ears healthy and to prevent problems in the future.

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Lilly P., Sweden

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The buzz on coffee berries

Once discarded in favour of the bean inside, you can now find the red coffee cherry pulverized into supplements, added to cosmetics and blended into juice. RODRIGO ARANGUA/AFP/GETTY IMAGES

WORD OF MOUTH

Coffee's fruit is packed with phytonutrients, polyphenols

You love your coffee, right? And you know it has anti-oxidant properties that are protecting your liver and your heart (provided you avoid the sugar and cream!).

But did you know that coffee beans come encased in a fruit berry that is poised to become the next healthy wunderkind? Studies show that it rivals blueberries and pomegranates for phytonutrients and polyphenols that fight cancer and reduce inflammation.

Until recently the outer sweet fruit of the coffee berry was discarded and only the green bean was harvested and roasted into your familiar cup of joe.

You can now find the red coffee cherry pulverized into supplements, added to cosmetics and blended into juice.

Like the phoenix from the ashes you can now find the red coffee cherry pulverized into supplements, added to cosmetics and blended into juice. Most long term studies on powdered supplements come up with mixed results so it may be safer to assume the same is true of this ingredient.

Or it may just turn out that drying and pulverizing a live food changes it enough to obfuscate the benefits.

Smearing stuff on your skin is only as good as the other ingredients therein (or as bad, depending upon the scents, parabens or other toxins used to make skin "care" items). But whole-food beverages may indeed have the story to tell.

Available in health food stores, there are blends that contain either coconut water or pineapple juice along with a meaningful dose of coffee berry juice extract.

If you like the taste and can afford the 30-100 calories in your diet, drinking this beverage will have benefits over sugar water.

Just how much benefit will be substantiated over time.

THERESA ALBERT /FOR METRO

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food. Her videos can be seen at theresalbert.com

LIQUID ASSETS

The ultimate wine challenge

Peter Rockwell
For Metro Canada

French wines are the Rubik's Cube of the booze world. They seem easy to get your head around at first, but once you've made a few moves their unassuming complexity can get the best of even the most determined drinkers.

Nicknamed "the minefield," the Burgundy region is France's ultimate liquid challenge because one false step and you can be paying big bucks for average juice. While there have been plenty of tomes that have tried to explain that analogy, the documentary A Year in Burgundy (currently on Netflix) does a fine job illustrating the theories behind this complicated piece of geography.

Famous for its reds made from Pinot Noir, I've been a white Burgundy fan since my first sip of Pouilly-Fussié.

Produced from Chardonnay, like all white Burgundies, Bouchard Père & Fils' 2013 Pouilly-Fuissé ($28.95-$32.99) has all the classic bright green fruit flavours typical of its southerly appellation. A wine to keep in mind when planning your up-coming holiday feast.

Prices reflect the range across the country. Some products may not be available in all provinces.

Cabbage: The comeback kid of veggies

KITCHEN IDEAS

Nutrient-dense leaves can be enjoyed in plenty of ways

Cabbage is not really one of the "cool" vegetables.

A whole cabbage can be huge and more than a little intimidating. It's hard to chop into small pieces and harder yet to peel leaf by leaf. Once you've made coleslaw, cabbage rolls or maybe sauerkraut, what do you do with it?

And if you don't cook it properly, it can smell up the joint.

Despite this, cabbage is experiencing "a nice little resurgence," says Brian Faulkner, vice-president of sales and marketing for BCfresh, the largest produce marketing agency in British Columbia.

"It's quite a nutritional food," he says, listing why he's a fan. "It's cheap. And a head of cabbage goes a long way."

There's also a renewed interest in canning and an increase in those who want to ferment their own foods.

Red cabbage is definitely the most impressive-looking variation of the cabbage family. The smaller pieces to the left are just right for braised cabbage or could be chopped even more finely to make a coleslaw. The larger pieces at right could be cut into slices 2.5 cm thick to roast or be roasted as is. THE CANADIAN PRESS/HANDOUT

"People are going back to cole crops (members of the mustard family including broccoli, brussels sprouts, cabbage, cauliflower and kale) because of their high nutritional value and because they are relatively inexpensive for the amount of nutritional value you get out of them, and people are going back to the roots, not so much of their parents, but their grandparents."

In addition, the "eat local" and "eat seasonal" movements make cabbage a good choice. It is grown in most provinces in Canada, says Agriculture and Agri-Food Canada, and because it stores so well it is readily available pretty much year-round.

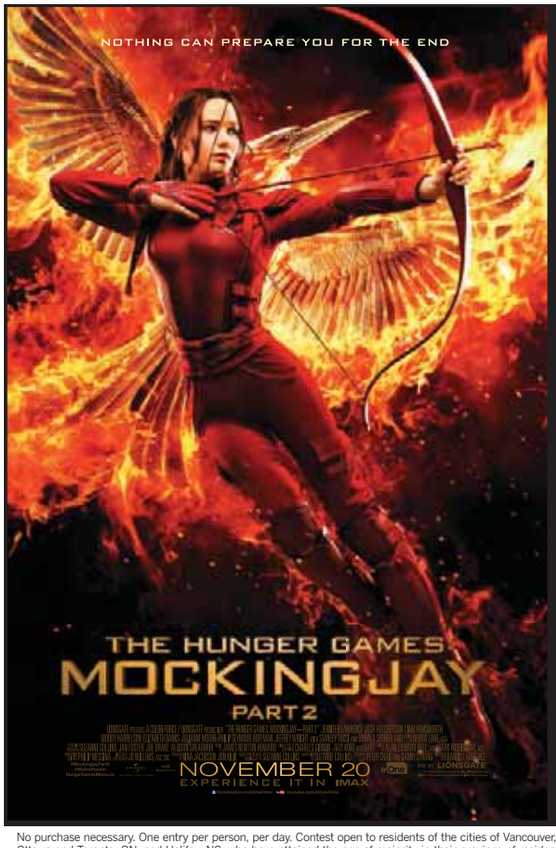
The other main types grown are Savoy, with dark green, crinkly leaves and a mild taste; Taiwanese cabbage, which is light green but has a flat head, with a sweet, mild taste and crispy texture; and napa or Chinese cabbage, with a pale, crinkled, light green leaf and a white core. It is the mildest tasting.

"The different varieties of cabbage are pretty much interchangeable," says Faulkner, although there are distinctions in terms of texture, visual impact and ease of use. Two of his favourite ways to prepare cabbage are braising and roasting. He prefers green or red cabbage for those purposes because they are more dense than the others, hold their shape better and retain some crunch when cooked.

Savoy cabbage is his choice for making cabbage rolls because the heads are a little "fluffier," meaning the leaves are a little easier to peel off. "That crinkly leaf rolls much easier, is more tender and it stretches and gives a little bit before it breaks."

Chinese and Taiwanese cabbage (which can be up to 45 centimetres/18 inches in diameter and does not have the heavy veining of red and green varieties) are commonly used in stir fries and Asian dishes but also make nice coleslaw, as does Savoy, if you want something lighter and more tender than green or dramatic red slaw.

THE CANADIAN PRESS



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Where Jon Stewart's humour came from patriotism, Trevor Noah's comedy relies on a foreigner's viewpoint. NBC/SCREENSHOT

JOHANNA SCHNELLER **WHAT I'M WATCHING**

The outsider perspective

THE DAILY SHOW WITH TREVOR NOAH, NOV. 5 (COMEDY)

Host Trevor Noah describes his first visit to a New York City hospital, where he had an emergency appendectomy on Nov. 3.

"I don't know if emergency room is the right term because they make you wait," he says. "I feel like there should be two rooms: a room for emergencies, and a room for people who can fill out forms."

He riffs on how nurses kept badgering him about insurance, even when he was doubled over in pain.

"Never mind," one finally says. "I've seen your billboards; I know you can pay."

Noah's tone throughout is mostly amused, with a sprinkling of appalled at the edges.

The segment is typical of what's fast becoming his trademark: showing Americans how baffling their country is.

It makes me think that, as green as Noah still feels, the folks in charge of The Daily Show knew what they were doing when they chose him.

His predecessor, Jon Stewart, was a patriot; it's what I loved best about him. His outraged harangues came from a place of profound pride in his country, and heartfelt disappointment that it wasn't delivering on its promise.

That quality is impossible to replace — it only worked because Stewart was a genuine believer.

To survive, the show needed a new approach, which Noah provides.

And given that race is and will continue to be one of the seminal issues in 21st-century America, the fact that Noah experienced apartheid in his native South Africa is a (grim) bonus.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

FIFTEEN DOGS

André Alexis takes home Giller Prize

Toronto author André Alexis's novel Fifteen Dogs has won $100,000 Scotiabank Giller Prize, the second major literary award in the past week claimed by the philosophical tale of canine consciousness.

Even with his recent momentum, Alexis looked stunned as he took the stage to claim the prize.

"This is most unexpected," he said, before thanking his family and friends. "I can't tell you how thrilled I am to win this in the 50th year of Coach House's existence."

The book beat Samuel Archibald's fantastical, Quebec-set short story collection Arvida; Toronto-born, London-based author Rachel Cusk's Outline, a novel about a writer's series of enlightening conversations during a trip to Athens; Montrealer Heather O'Neill's grown-up fairy tale collection Daydreams of Angels; and Anakana Schofield's experimental Martin John, about a troubled Londoner and his repellent sexual proclivities.

For a second consensus-free year in a row, Giller prognosticators were all over the place when asked to pinpoint a front-runner.

"It's almost Game of Thrones — you don't know who's going to come out alive out of the bloodbath," joked Archibald.

It's also a year in which the Giller selections — culled from 168 submissions by five international judges — were not exactly in lockstep with the bestseller list.

"Our committee discussed whether the judges should just pick books that are popular and people will want to read. One guy said that on that basis, War and Peace would never have made it," said prize founder Jack Rabinovitch before the gala. "You've gotta find a balance."

The authors were slightly more forceful.

"A bestseller is something that is selling itself, and it's the goal of prizes like this to create readership for books that people don't find so easy to buy," Cusk said.

NICK PATCH/FOR METRO

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ALLEN TOUSSAINT

New Orleans legend passes away

Legendary New Orleans pianist, songwriter, producer and performer Allen Toussaint, who penned or produced such classics as Working in the Coal Mine and Lady Marmalade, has died after suffering a heart attack following a concert he performed in Spain. He was 77.

Rescue workers were called to Toussaint's hotel early Tuesday morning and managed to revive him after he suffered a heart attack, Madrid emergency services spokesman Javier Ayuso said.

But Toussaint stopped breathing during the ambulance ride to a hospital and efforts to revive him again were unsuccessful, Ayuso said. Toussaint performed Monday night at Madrid's Lara Theater.

"He was a legend in the music world," said Quint Davis, who produces the New Orleans Jazz and Heritage Festival. Toussaint performed there so often — frequently as a headliner — that Davis said he referred to it as his "annual concert."

Toussaint was born in New Orleans' Gert Town, a working-class neighbourhood where he lived in a "shotgun" house — so-called because you could stand at the front door and fire a shotgun through to the other side of the house.

He went on to become one of the city's most legendary and celebrated performers and personalities.

Allen Toussaint grew up in a "shotgun" house and went on to have hundreds of hits. THE ASSOCIATED PRESS FILE

At first he worked as a producer for the New Orleans-based Minit Records in 1960 before being drafted in the army for two years. He later went on to create his own recording studio in 1973 with fellow songwriter Marshall Sehorn, called Sea-Saint Studio. There he worked with a succession of musicians including Paul Simon, Paul McCartney, Patti LaBelle, the late Joe Cocker and Elvis Costello.

Toussaint has hundreds of hits to his name and received the Recording Academy Trustees Award during the 2009 Grammy Awards. He penned the 1966 Lee Dorsey classic Working in a Coal Mine and produced Dr. John's 1973 hit Right Place, Wrong Time and 1975's Lady Marmalade by the vocal trio Labelle.

In 1998, he was inducted into the Rock and Roll Hall of Fame. He's also a member of the Louisiana Music Hall of Fame. In 2013 he was awarded the National Humanities Medal by President Barack Obama at a ceremony in Washington.

He worked with some of the greatest names in music: Irma Thomas, the Meters, Cocker and the late Ernie K-Doe. Approaching 80, he was still active touring and performing.

He had been expected to perform a benefit concert along with longtime friend Paul Simon in New Orleans on Dec. 8 at Le Petit Theatre to raise money for the organization New Orleans Artists Against Hunger And Homelessness.

Hurricane Katrina in 2005 flooded not only his home but his legendary studio, forcing Toussaint to flee to New York. Davis, from the New Orleans Jazz and Heritage Festival, said during Katrina he also lost most of his manuscripts, his gold records and the often elaborate outfits in which he performed onstage.

THE ASSOCIATED PRESS

metro DRIVE

Your essential daily news

'A vehicle for all seasons': Land Rover officially lifts the lid on the Evoque convertible

A minivan to change your mind

REVIEW

Stereotypes begone — Kia Sedona wins in comfort, utility

Jil McIntosh
For Metro Canada

Just like the late, great Rodney Dangerfield, minivans get no respect. Once hailed as the perfect family vehicle, the minivan is now generally the butt of "soccer mom" jokes.

But while it's far from sexy, the minivan deserves a second look. I recently took the all-new 2016 Kia Sedona on a long trip with two other adults, all our luggage and several large boxes of antique car parts, and nothing could touch it for comfort and convenience.

Its three trim lines all use a 3.3-litre V6 engine with a six-speed automatic transmission that had no difficulty keeping up with highway traffic while climbing Pennsylvania's steep mountains. While its published fuel economy can be a little higher than some competitors, I was impressed with a real-world return of 10.4 L/100 km, considering how loaded it was and that I didn't use its "Eco" mode, which dials down the engine's performance too far for my liking and turns it sluggish.

Eight-passenger versions are available, while my top-line SXL+ seven-seater had two captain's chairs in the second row with pull-out leg rests that turned them into easy chairs. They also slide forward to give third-row passengers more legroom if needed.

The upper trim throws in a number of high-end features, including a dual-panel sunroof, leather upholstery, heated and cooled front seats, navigation, and a four-camera monitoring system to give a "bird's-eye" overhead view when parking. The "Plus" in my trim level also added lane departure and front collision warning, along with adaptive cruise control that keeps a pre-set distance from the vehicle in front but was a bit jerkier than many I've used.

Its suspension is soft and there is some resulting body roll around turns, but it's the price you pay for a super-smooth ride that soaks up bumps and potholes. After nine hours on the road, between the ride and the seats, all of us were still comfortable. Even if your family never goes that far, a minivan could still be the best possible solution.

> **... no difficulty keeping up with highway traffic while climbing Pennsylvania's steep mountains.**

THE CHECKLIST | 2016 KIA SEDONA

THE BASICS

Type. Four-door, 7- or 8-passenger full-size minivan
Engine (hp/torque). 3.3-litre four-cylinder (276/248)
Transmission. Six-speed automatic
Price. $27,695 (base), $46,195 (as tested), plus destination

COOL FEATURES

- Anti-stain cloth seats
- Rear air conditioning controls
- Windshield wiper de-icer
- Heated steering wheel
- Removable cargo-area flashlight
- 360-degree camera monitoring system
- Automatic high-beam headlamps

JIL MCINTOSH/FOR METRO

POINTS

- The upper-line trims include a power liftgate that opens automatically if you stand beside it while holding the key.
- While Hyundai used to sell a version of the Sedona, called the Entourage, Kia is now the only Korean automaker with a minivan.
- The Sedona is covered by a five-year/100,000-km bumper-to-bumper warranty.
- Eight-passenger models include a removable second-row middle seat.

MARKET POSITION

Dodge leads the market with its Grand Caravan, but the base Sedona costs less. The Kia's higher trim line also undercuts its fully loaded competitors, but does not offer an integrated DVD player.

THE COMPETITION

Dodge Grand Caravan
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Toyota Sienna
Base price: $31,040

Honda Odyssey
Base price: $30,690

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A garbage truck that cleans up ...

AUTOPILOT

... in range! Turbine engines could cut fuel consumption in half

Mike Goetz
For Metro Canada

Garbage trucks with turbine engines? Yes, these are actual things, but no, they are not much faster than a typical garbage truck. Nor will they smell any better at the end of the day.

But that's entirely okay, because the point of a turbine-engined garbage truck is fuel efficiency, at least as conceived by the Silicon Valley technology firm called Wrightspeed Powertrains. The driving force and CEO of Wrightspeed is Ian Wright, one of the co-founders of Tesla.

Wright believes there is actually more fuel and emission reductions potential for his technology in trucks versus cars, especially with trucks that operate in "hard drive" cycles, like those aforementioned garbage trucks.

A single garbage truck burns 14,000 gallons a year and chews their brakes every three months, says Wright via email. "Doing on average 130 miles a day, with 1,000 hard stops, drivers are going full throttle, full brakes, 1,000 times a day."

All this makes a typical garbage truck average about 2.83 mpg, or 83 L/100 km!

Wright says his powertrain can cut fuel consumption in half (up to a 6 mpg equivalent), which translates to thousands of gallons of gas not combusted, for every single garbage truck.

Passenger cars, on the other hand, simply don't consume enough gas over the course of a year — a 50-mpg vehicle might only consume 200 gallons annually.

The Ratta Group, which operates refuse and recycling companies in the San Francisco area, will be the first fleet to try out the Wrightspeed garbage truck solution. Seventeen trucks will have their original diesel powertrains completely ripped out and retrofitted with the Wrightspeed solution.

The retrofit consists of two small turbine engines, which turn powerful generators, which in turn send electricity to a big battery pack. The battery pack feeds electric motors that drive the rear wheels. The turbines are not connected to the drive wheels; their only purpose is to keep the batteries full of electricity.

A turbine was chosen because of its potent power-to-weight ratio, durability and simplicity, efficiency, and its ability to burn a variety of fuels.

The battery pack can also be charged from the grid, to provide about 40 miles of pure EV range.

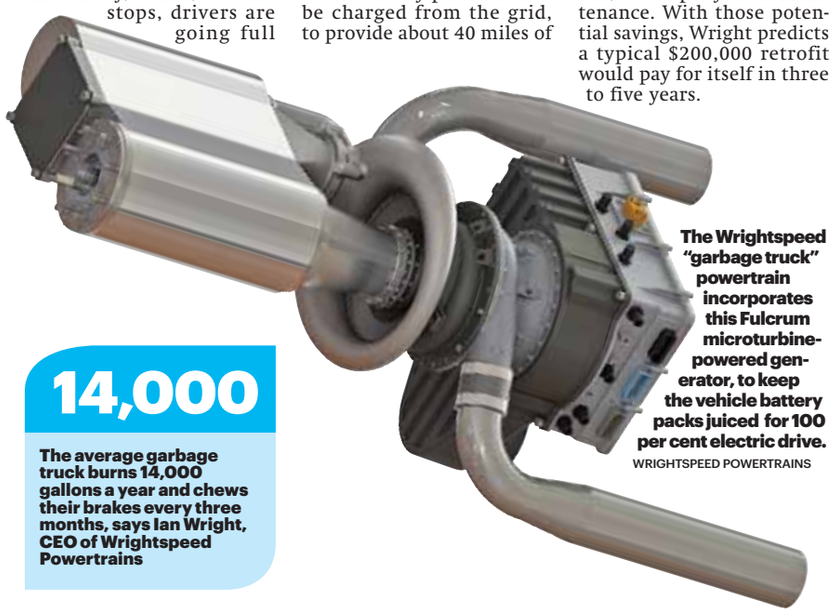
Wright is not ruling out that passenger cars could also benefit from the technology, but it's definitely not a priority at the moment.

"If the price of fuel rises enough for it to make economic sense — but that's unlikely for a while. The application is best suited for heavy-duty and medium-duty vehicles with hard drive cycles."

Besides fuel consumption, the other reason it is best suited for "hard drive cycles" is the savings it creates on the "braking" side, via regenerative braking. The electric drive motors run in reverse to capture energy when the vehicle slows and/or needs to stop, and this vastly reduces the amount of normal "friction-based" braking needed and all its associated costs.

When it comes to the refuse trucks, he predicts savings of about $35,000 US per year per truck and up to $25,000 US per year in maintenance. With those potential savings, Wright predicts a typical $200,000 retrofit would pay for itself in three to five years.

A turbine was chosen because of its potent power-to-weight ratio, durability and simplicity, efficiency, and its ability to burn a variety of fuels.



The Wrightspeed "garbage truck" powertrain incorporates this Fulcrum microturbine-powered generator, to keep the vehicle battery packs juiced for 100 per cent electric drive.
WRIGHTSPEED POWERTRAINS

14,000

The average garbage truck burns 14,000 gallons a year and chews their brakes every three months, says Ian Wright, CEO of Wrightspeed Powertrains

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Toyota bets big on artificial intelligence

MOBILITY AND BEYOND

Carmaker invests $1B+ in Silicon Valley R&D company

The world's largest carmaker believes that AI will not only be a crucial component of future mobility but will also revolutionize everything from product development to manufacturing and safety. So much so that on Friday it announced it is investing more than $1 billion over the next five years in a new R&D company — Toyota Research Institute — which will officially open in Silicon Valley in January under the leadership of Dr. Gill Pratt, a luminary in the field.

Elon Musk, the charismatic head of electric car company Tesla, has described artificial intelligence as "our greatest existential threat" especially if it is free to develop and evolve without oversight. However, Akio Toyoda, head of Toyota, believes that when combined with big data, it has the possibility to be truly revolutionary.

Toyoda and Pratt were also equally firm on stressing the importance of control and collaboration.

"Gill told me that AI can reduce traffic accidents, but it cannot completely eliminate them without human input," Toyoda said. "This collaboration is important also outside the mobility field. AI has significant potential to further improve all of society."

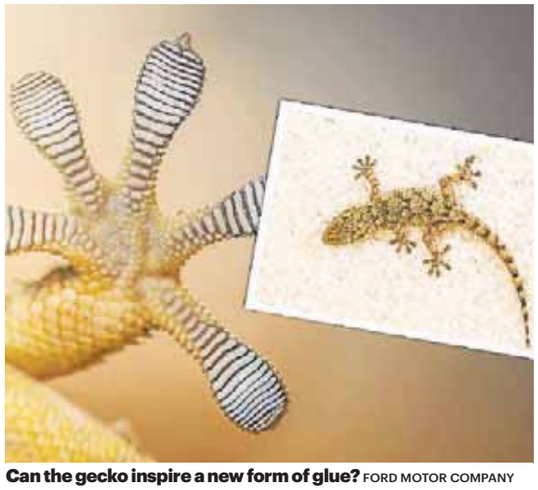
"It is essential that people and machines collaborate to create a truly safe and secure mobile society."
Akio Toyoda, head of Toyota

When the new company begins operations, it will have strong ties with both Stanford University and MIT and according to Pratt will be focused on bridging "the gap between fundamental research and product development of life-saving and life-improving technologies."

The projects it undertakes will target one of three long-term goals: safety, accessibility and robotics. Many leading minds — those at Google in particular — believe that AI will be key to truly autonomous vehicles that can avoid collisions regardless of a driver's actions. However, Toyota also wants to explore how the technology can help people in remote areas or with illnesses and disabilities improve their mobility. AFP

SUSTAINABILITY

Ford looks to lizards for green lessons



Can the gecko inspire a new form of glue? FORD MOTOR COMPANY

Can the gecko's unique wall-clinging skills lead to the development of environmentally friendly glues and better recycling?

Although many have attempted to understand how the gecko can walk up walls and stick to ceilings, very few have considered harnessing its gravity-defying capabilities as a means of improving the sustainability and environmental credentials of automotive production. Until now, that is.

Ford is working in partnership with Procter & Gamble on a biomimicry project that will try to replicate the gecko's ability to stick to a surface without surface tension or leaving behind any type of residue. Adhesives and glues are used extensively in car making but they're so strong and tough that they are stopping companies from being able to dismantle old cars for effective recycling.

"Solving this problem could provide cost savings and certainly an environmental saving," said Debbie Mielewski, Ford senior technical leader for plastics and sustainability research.

"It means we could increase the recycling of more foam and plastics, and further reduce our environmental footprint."

Just as the strength and intricacy of a spider's web has fascinated and inspired scientists and engineers, the gecko's ability to support up to 133 kg — approximately 190 times its weight of 71 grams — with nothing other than its toe pads is an area ripe for biomimicry research.

"As we look to further our commitment to reducing our environmental footprint, taking a holistic, biomimetic approach makes sense because nature has efficiencies in design and uses minimal resources," said Carol Kordich, global sustainable fabric strategies and development at Ford. "Nature is the ultimate guide." AFP

BIOMIMICRY

Studying the mosquito has improved medical needles, and the kingfisher bird was the starting point for the design that became Japan's iconic bullet train.

*Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Tiguan FWD Trendline (#5N21V4) base model with 6-speed manual transmission. $1,760 freight and PDI included in monthly payment. 48-month term at 1.99% APR. $0 down payment, $0 security deposit and first monthly payment in excess of payment credits (if applicable) due at lease inception. Total lease obligation: $13,940. 64,000-kilometre allowance; charge of $0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. ‡Limited time lease credits (on approved credit, through Volkswagen Finance) on select 2016 models available to be applied to first two monthly payments up to a maximum amount of $700 per month for the Tiguan FWD Trendline. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end November 30, 2015 and are subject to change or cancellation without notice. Model shown: 2016 Tiguan 2.0T Highline R-Line, $39,993. Vehicle shown for illustration purposes only and may include optional equipment. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Tiguan", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2015 Volkswagen Canada.

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Starting From Price for 2016 Dodge Journey R/T Rallye shown: $36,040.§

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Examples: 2016 Dodge Grand Caravan Canada Value Package (29E)/2016 Dodge Journey Canada Value Package (22F) with a Purchase Price of $20,995/$20,150 with a $0 down payment, financed at 3.99% for 96 months equals 208 bi-weekly payments of $118/$113 with a cost of borrowing of $3,563/$3,420 and a total obligation of $24,558.35/$23,569.94. »$1,500 Ram Truck Loyalty/Conquest/Skilled Trades Bonus Cash is available on the retail purchase/lease of 2015/2016 Ram 1500 (excludes Regular Cab), 2014/2015/2016 Ram 2500/3500/Cab & Chassis, or 2015 Ram Cargo Van and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owners/lessees of a Dodge or Ram Pickup Truck or Large Van or any other manufacturer's Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before November 1, 2015. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeymen or customers who have completed Apprenticeship Certification. A copy of the Trade Licence/Certification required. 3. Customers who are Baeumler Approved service providers. Proof of membership is required. Limit one $1,500 bonus cash offer per eligible truck transaction. Some conditions apply. See your retailer for complete details. ➥Non-prime financing available on select models on approved credit. 6.99% financing available on select 2015/2016 models. Financing example: 2016 Dodge Grand Caravan Canada Value Package with a Purchase Price of $20,995 financed at 6.99% over 84 months, equals 182 bi-weekly payments of $146 with a cost of borrowing of $5,614 and a total finance obligation of $26,608.53. Some conditions apply. See your retailer for complete details. *Consumer Cash Discounts are deducted from the negotiated price before taxes. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ∞Based on 2014 *Ward's* Middle Cross Utility segmentation. ^Based on IHS Automotive: Polk Canadian Vehicles in Operation data available as of July, 2014 for Crossover Segments as defined by FCA Canada Inc. ®Jeep is a registered trademark of FCA US LLC used under license by FCA Canada Inc. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

metro SPORTS

A lower-body injury will keep Canadiens' goaltender Carey Price out of action for another week, the Habs confirmed

Raps can't hold off Knicks

NBA

Fourth-quarter surge paces New York win

TUESDAY in Toronto

111	109
KNICKS	RAPTORS

Kyle Lowry had 23 points, nine assists and seven rebounds Tuesday, but his solid effort wasn't enough to lift the Toronto Raptors past the New York Knicks in a 111-109 loss.

Carmelo Anthony led the Knicks (4-4) with 25 points, while Lance Thomas added 17.

DeMar DeRozan scored a game-high 29 points for Toronto (5-3), while Jonas Valanciunas had 16 points and nine boards, and Cory Joseph chipped in with 12 points, including a three with 1.5 seconds left.

Luis Scola added 11 points for a Raptors team missing both DeMarre Carroll (plantar fasciitis) and Terrence Ross (injured thumb).

New York's Carmelo Anthony netted 25 points. GETTY IMAGES

After the Raptors raced out to a franchise-record five straight wins to start the season, they promptly dropped two games in Florida, including Sunday's 96-76 rout by the Heat on Sunday in Miami.

They had hoped to turn things around in the friendly confines of the Air Canada Centre. But it was the Knicks who led for most of the night, and were up by 13 points early in the third quarter.

The game went into the fourth tied at 85-85 in front of a sellout crowd of 19,800 fans, but the Knicks held the lead for most of the final frame and were up by five with a minute to play. A last gasp from Toronto saw Valanciunas score on a layup and James Johnson hit two free throws to make it a one-point game with 26 seconds left.

DeRozan missed on a layup with six seconds left that would have tied the game, and Thomas had a pair of free throws for the Knicks that sealed Toronto's fate.

The Raptors announced during the game that Ross sustained ligament damage in his thumb during a workout Monday, and there was no timetable for his return.

Raptors' James Johnson, Knicks' Kristaps Porzingis and Knicks' Carmelo Anthony all look to the sky in search of a rebound at Air Canada Centre Tuesday. RON TURNENNE/NBAE VIA GETTY IMAGES

The Raptors opened with one of their worst quarters of the season, shooting just 6-for-18 to trail 24-17 heading into the second.

After scoring just a point in the first, Lowry had 10 in the first 2-1/2 minutes. But Anthony lit it up with 17 points and the Knicks ended the frame on an 11-2 run to send New York into the halftime break up 60-52.

Former Raptors guard Jose Calderon, who received a warm ovation during introductions, drained a three to put the Knicks up by 13 early in the third. The Raptors rallied to take a five-point lead. Cleanthony Early banked in a three at the buzzer to send the game into the fourth tied.

THE ASSOCIATED PRESS

NHL IN BRIEF

Jagr scores late as Panthers nip Flames

Jaromir Jagr scored the tiebreaking goal in the third period and the Florida Panthers beat the Calgary Flames 4-3 on Tuesday night to snap a five-game losing streak.

David Jones scored twice for Calgary, which lost for the first time in three games. Sean Monahan had a goal, and Karri Ramo stopped 25 shots.

The 43-year-old Jagr gave Florida a 4-3 lead when his shot from in front slipped past Ramo's glove and into the corner of the net at 8:11 of the third. THE ASSOCIATED PRESS

Canucks snap three-game skid over Jackets

Brandon Sutter scored the tiebreaking goal with 5:08 remaining, and Jannik Hansen had a career high four points with a goal and three assists, to lift the Vancouver Canucks to a 5-3 victory over the Columbus Blue Jackets on Tuesday night in Columbus.

Henrik Sedin had two goals and an assist and Daniel Sedin added a goal and three assists to help the Canucks snap a three-game losing streak.

Jacob Markstrom, out since Oct. 9 with a hamstring injury, stopped 42 shots in his season debut.

THE ASSOCIATED PRESS

NHL MEETINGS

GMs talk about how to increase scoring

Scoring hasn't necessarily taken a nose dive in the NHL, but it's enough of a concern that general managers are debating how to generate more offence.

An average of 5.32 goals a game are being scored this season, down slightly from 5.5 through Nov. 10, 2014, but down significantly from the 6.16 goals in the 2005-06 season. It's not the numbers but the causes of the decline that made it a hot topic at Tuesday's fall GMs meeting.

"Do you want to start with the goaltending equipment, do you want to start with all the congestion in front of the net, all the shot-blocking? How about taking out the trapezoid?" David Poile of the Nashville Predators asked.

Ray Shero of the New Jersey Devils called scoring a "never-ending" subject at these meetings, whether it's in light of reducing the size of goaltending equipment, making the nets bigger or changing some other part of the game.

The GMs' post-Hall of Fame induction weekend meeting was a chance for GMs to review a couple of major rule changes: three-on-three overtime and coach's challenges. Three-on-three overtime has been overwhelmingly effective, as 70 per cent of games that go past regulation have been decided before the shootout.

"The players enjoy it, and three-on-three to me is less gimmicky than one-on-one," Chuck Fletcher of the Minnesota Wild said. Coach's challenges are new to the league this season for goals scored on goaltender interference and offside plays. The first impression of the new system is good, even though GMs would like to fine-tune it.

> **"We don't want to go back to foot in the crease.**
> Colin Campbell on what is too much contact on goalies

One complaint so far is that too little contact on goaltenders is getting goals taken off the board. GMs looked at several examples of goaltender interference and were asked to decide whether the goal should have counted. Setting the standard for what goaltender interference is will be part of the ongoing process.

"We don't want to go back to foot in the crease," NHL senior vice-president and director of hockey operations Colin Campbell said. Campbell said beaming video replays to officials on the ice is something new, and he expects that to continue to improve. The more practice the league has, the less time it should take to make a decision.

THE CANADIAN PRESS

NHL LEAFS AIM TO BEAT HIGH-FLYING STARS AGAIN Toronto Maple Leafs goalie James Reimer, right, uses his stick to stop a shot as Nick Spaling, centre, helps defend against pressure by Stars centre Tyler Seguin, left. For final score, go to metronews.ca. TONY GUTIERREZ/THE ASSOCIATED PRESS

Tie's boy off to fast start

NHL

Max Domi already among front-runners for top rookie

Captain Shane Doan called over to Max Domi in the Arizona Coyotes locker-room and peppered the rookie with questions.

"Have you seen the movie Tombstone?" Doan asked. "Do you know who Wyatt Earp is? Actor Val Kilmer? Ever heard of the O.K. Corral?

Domi answered "no" to each question before finally recognizing a name that led to a history lesson by Doan.

"Kurt Russell?" Domi asked. "Yeah, I know him."

OK, so the rookie doesn't know movies or history.

But he sure knows hockey.

The son of former Toronto Maple Leafs favourite Tie Domi, Max Domi has aced his rookie test so far, teaming with fellow rookie Anthony Duclair to lift the Coyotes to a surprising start to the season.

Behind the speed and talent infusion of Domi and Duclair, the Coyotes have been one of the NHL's biggest surprises, fifth in the Western Conference at 7-6-1 after being picked by Vegas oddsmakers to be the worst team in the NHL.

The 20-year-old Domi has been one of the league's best rookies and is among the early front-runners for the Calder Trophy, awarded to the NHL's top first-year player.

Domi started his NHL career by notching a goal and assist against the Los Angeles Kings to become the first Coyotes rookie to have multiple points in his debut since Doan 20 years ago.

Domi is tied for the NHL rookie lead with seven goals and is second with 13 points.

"I'm having fun," Domi said. "That's what it's all about, having fun and working as hard as you can to win games."

He had to wait a little while for this opportunity.

A skilled player with the London Knights of the Ontario Hockey League, Domi was the 12th overall pick of the 2013 NHL draft. Instead of rushing him to the NHL, the Coyotes took a cautious approach with the second-generation hockey prodigy.

So instead of playing in the NHL, Domi spent two more seasons in London, where he dominated and honed his skills, becoming stronger physically and mentally.

"He probably was above the junior level, but he dominated there and came here ready to go," Coyotes GM Don Maloney said. THE ASSOCIATED PRESS

Arizona's **Max Domi**, right, is defended by Anaheim's Ryan Kesler. JAE C. HONG/THE ASSOCIATED PRESS

DOPING ALLEGATIONS

Russia disputes report

The day after the 2014 Sochi Olympics ended with Russia atop the medals table, a beaming President Vladimir Putin presented his athletes with state awards for "defending the honour" of their country by showing that its "great and glorious" sports traditions were still strong.

But accusations of cheating — widespread, state-sponsored doping — have drawn a harsh reaction in Moscow.

It would be a huge embarrassment for Russia if its track-and-field athletes were kept out of next summer's Olympics in Rio de Janeiro.

Russian officials have sought to discredit the report by a commission from the World Anti-Doping Agency, saying it failed to prove its main points and suggested the existence of an anti-Russian conspiracy.

13

Number of gold medals won by Russia at the 2014 Sochi Games.

The acting head of the Russian athletics federation, Vadim Zelichenok, said the report's conclusions appeared to have been "made to order."

Putin has called a meeting Wednesday with the heads of Russia's sports federations to discuss preparations for the 2016 Olympics. Zelichenok told The Associated Press the doping allegations could be discussed.

Monday's report alleged Russia engaged in systematic doping and coverups affecting its track and field athletes, including Olympic medallists.

It said that agents from the FSB intelligence service interfered with the work of a doping lab at the Sochi Games.

The WADA commission recommended that track and field's governing body, the IAAF, suspend the Russian federation from competition. IAAF President Sebastian Coe gave the federation until the end of the week to respond.

The International Olympic Committee said it would be ready to strip medals from any Russian athletes found guilty of doping violations.

Russia also has been threatened with suspension from track and field competitions, including the Olympics in Rio de Janeiro.

THE ASSOCIATED PRESS

WORLD CUP OF HOCKEY

Team Canada mulls its bench strength

When Canada's World Cup management team met this week, each member of the staff again came with a 23-man roster. Again there were 11 players on every list.

It's not hard to assume goaltender Carey Price, defencemen Drew Doughty, Shea Weber and Duncan Keith and forwards Jonathan Toews, Sidney Crosby, John Tavares, Jamie Benn, Patrice Bergeron, Steven Stamkos and Tyler Seguin are gimmes to make the team. Now comes the tough job of filling out the other 12 spots.

"I think the (top) 16 is not going to be overly debated," Canadian general manager Doug Armstrong said.

Canada is further along in its roster-construction process than the United States or the 23-and-under Team North America.

It helps to have a deep foundation from the undefeated, gold-medal-winning Sochi Olympic team, though Stamkos and Seguin warrant inclusion.

Armstrong pointed to a handful of off-the-radar players who have forced their way into the discussion.

"(Tyler) Toffoli in Los Angeles is playing very well, (Jake) Muzzin in Los Angeles is playing very well, (Mark) Stone in Ottawa's a very good player, (Brendan) Gallagher in Montreal," Armstrong said.

"Now what we're going to do as a group is really hone in on probably that list of 14 or 15 guys that are going to make our final part of our roster and really get a chance to watch these guys." Head coach Mike Babcock and his staff haven't had input yet, but they will. THE CANADIAN PRESS

"I think the top 16 is not going to be overly debated.
Team Canada general manager Doug Armstrong

GETTY IMAGES

MLB eyes game in Cuba

GM MEETINGS

Second-base takeouts, fan safety and Pete Rose hot topics

Major League Baseball commissioner Rob Manfred remains hopeful a big-league team will play an exhibition game in Cuba during spring training.

U.S. President Barack Obama announced in December his intention to restore diplomatic ties between the United States and Cuba, and embassies were re-established in July.

"There are a variety of issues involved there, not all of which are wholly within baseball's control," Manfred said Tuesday at the general managers meetings in Boca Raton, Fla.

U.S. teams played spring training games in Cuba before Fidel Castro's revolution, but none appeared there from March 1959 until the Baltimore Orioles faced Cuba's national team in Havana in March 1999. MLB has not returned since. On other topics:

Fan safety

Manfred said ballpark differences make it impractical to have identical protective netting at all 30 big-league venues. The commissioner's office has been discussing the issue with teams following a series of injuries to fans from foul balls this year. Owners will talk about the matter when they meet in Dallas from Dec. 18-19.

Pete Rose

Manfred remains on track to decide Pete Rose's application for reinstatement by the end of next month.

Then Cincinnati's manager, Rose agreed in 1989 to a lifetime ban from baseball after an MLB investigation concluded he bet on games involving the Reds while managing and playing. Manfred met with the career hits leader Sept. 24.

Second-base takeouts

Baseball and the players union appear to be moving toward a new rule applying to takeout slides at second base. The Dodgers' Chase Utley broke a leg of Mets shortstop Ruben Tejada while breaking up a potential double play during the NLCS.

"There will be dialogue on that topic with this group this week. There will be dialogue with the owners next week, and we will continue our conversations with the MLBPA on this topic," Manfred said. "We see this as a player safety issue."

All-Star Game at Wrigley

Wrigley Field last hosted an All-Star Game in 1990. MLB has already announced the All-Star Game will be played in San Diego next year, followed by Miami in 2017 and Washington in 2018.

"It's a question of how far out we want to be committed right now," Manfred said.

THE ASSOCIATED PRESS

Baseball and the players union appear to be moving toward a new rule applying to takeout slides at second base, such as this one between Mets shortstop Ruben Tejada and Chase Utley of the Dodgers. SEAN M. HAFFEY/GETTY IMAGES

IN BRIEF

Rockies' Reyes arrested after altercation with wife

Colorado Rockies shortstop Jose Reyes was arrested after an argument with his wife turned physical at a resort in Hawaii. Maui police said in a statement Reyes' wife was treated at the scene and taken to hospital. Reyes, 32, was released on a $1,000 bond. The Rockies said in a statement late Monday they were extremely disappointed to learn of the allegations. Reyes, a former Blue Jay, was traded to the Rockies mid-season for Troy Tulowitzki.

THE ASSOCIATED PRESS

Beckenbauer promised services to FIFA official, says German football head

Franz Beckenbauer signed a contract promising a now-disgraced FIFA official "various services" ahead of Germany being named the host country for the 2006 World Cup, acting German football federation president Rainer Koch said Tuesday. THE ASSOCIATED PRESS

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RECIPE Shrimp with Bacon and Polenta

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This simple dinner using pantry staples and frozen shrimp delivers supper to the table in under 30 minutes. Bet your pizza guy can't do that.

Ready in
Prep time: 10 minutes
Cook time: 15 minutes
Serves 4

Ingredients
- 1 cup instant polenta
- 4 1/2 cups water
- 1/4 cup bacon, chopped
- 2 garlic cloves, minced
- 2 Tbsp olive oil
- 28 oz can of tomatoes
- 1 lb frozen or fresh shrimp, peeled, deveined, washed
- 1 small handful of parsley

Directions
1. Bring water to boil and slowly pour in polenta. Lower the heat and keep stirring for 3 to 5 minutes. Then take it off the heat and cover.
2. In a large pot, warm the olive oil then add bacon and garlic. Cook for a few minutes until the bacon gets brown, but not crispy. Add the tomatoes and break them up with the back of a wooden spoon or a potato masher. Simmer for about 10 minutes.
3. Toss the shrimp, with or without tails, into the tomato mixture and stir, cooking about 3 minutes, or until shrimp are cooked.
4. Give your polenta another stir and maybe even add a splash of water to loosen it. Create a nest of polenta and then ladle your sauce-y shrimp on top. Garnish with parsley.

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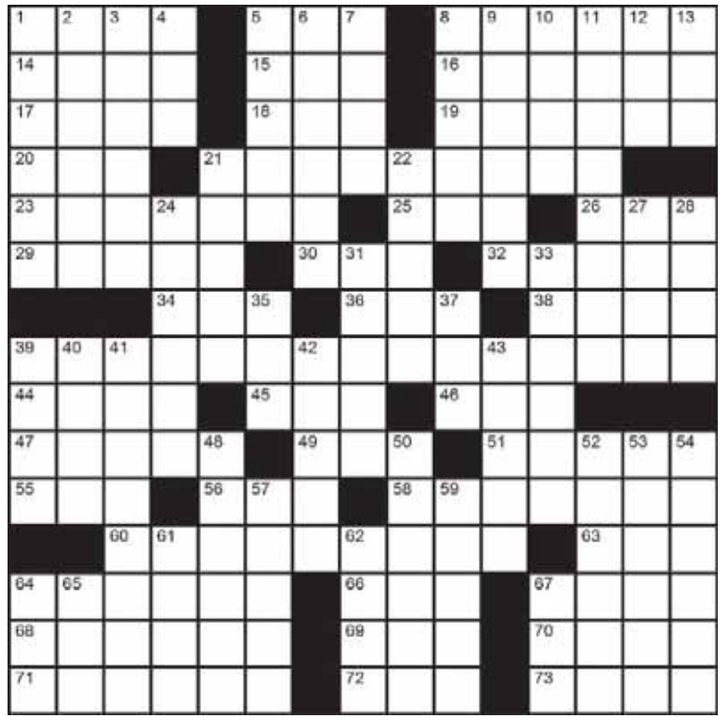
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Vaulted area in a church
5. U.S. President to the military [acronym]
8. House exterior option
14. Nobleman
15. Santa __, California
16. Orange vegetable
17. Peel
18. Nutritional suggested amount [acronym]
19. Away
20. __ _ mission
21. Current war movie of 2015 about Canada in Afghanistan, directed by Paul Gross: 2 wds.
23. Reckon
25. Winter's li'l follower
26. Computer keyboard key
29. Mr. Hawke of war drama "A Midnight Clear" (1992)
30. Agnus __ (Mass prayer)
32. Because
34. Sales pro
36. Big deal
38. Russian ruler [var. sp.]
39. Canadian movie directed by Bruce Bairnsfather set during The Great War, "__ __, _!" (1928)
44. Margarine
45. Buck's partner
46. Fella
47. Owed obligations
49. Egos and __
51. Array
55. Prefix with 'puncture'
56. Battleship letters in The States
58. Korean War movie "Men of the Fighting Lady" (1954), starring Canadian actor Walter __
60. Popular song in WWI: "It's a Long Way to __"
63. Drift
64. Eight-armed sea dwellers
66. __-friendly
67. Root that's edible
68. One applying a layer of paint, say
69. Mil. title
70. Dollop
71. Dazzling
72. Football feats, briefly
73. "Anchors Aweigh" (1945) star Mr. Kelly

DOWN
1. Place in close proximity
2. Arachide: English
3. Angel
4. Before, in ye olden times
5. Hollywood legend Mr. Grant's
6. Truly
7. Scott of 2004 war submarine movie "In Enemy Hands"
8. Kind of cliff
9. Small drums
10. Space bear
11. Sideboard in the dining room
12. Pro opponent
13. Cdn. capital
21. Sweet spread
22. Stage actor's line to the audience
24. Chatty bird
27. Skim over
28. One of a breath mint brand
31. Allayed
33. First aid soother for a sprain: 2 wds.
35. Seed holder
37. Spherical shape
39. Finale, in music
40. Mr. Baldwin of "Pearl Harbor" (2001)
41. Counterargument in the court
42. Racket
43. Hurdy-__ (Cranked organ)
48. Dinner
50. Set at intervals
52. __ and thread
53. Mr. Pinsent
54. Get dressed to enter the boxing ring
57. Steeple
59. Presses the pants
61. Wee bit
62. Military unit, e.g.
64. Wood sorrel
65. Wheel part
67. __ timer (Kitchen gadget)

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Today's new moon in the wealth area of your chart makes this the ideal time to make changes to your financial set-up. Make short-term savings and in the long-term you will be happier and healthier for them.

Taurus April 21 - May 21
Partners and loved ones have been hugely demanding and you have gone out of your way to meet their needs. Today's new moon will reward you for your efforts.

Gemini May 22 - June 21
Even if you feel on top of the world physically it will pay to slow down a bit today and take better care of your health. You are getting dangerously close to your limits.

Cancer June 22 - July 23
Good omens may tempt you to rush in and start many new things. That would be a mistake. Use the power of today's new moon to focus on one particular endeavor.

Leo July 24 - Aug. 23
A new moon in one of the more sensitive areas of your chart is unlikely to have a negative effect on your affairs generally but it could get you thinking that you are falling short of your goals. You're not.

Virgo Aug. 24 - Sept. 23
This promises to be a fun day for you and if you adopt the right attitude there will be laughs aplenty. Important matters can safely wait a day or two.

Libra Sept. 24 - Oct. 23
You have accomplished a lot in recent months and there is a lot more you can achieve between now and the end of the year. Success will be greater if you limit your goals.

Scorpio Oct. 24 - Nov. 22
You are determined to make the most of new opportunities and with today's new moon on your side what you begin now is sure to be a huge success.

Sagittarius Nov. 23 - Dec. 21
Today's new moon in the most thoughtful area of your chart means you need to find time to think about all the important things that have happened in your life over the past six months or so. Learn from them.

Capricorn Dec. 22 - Jan. 20
This is a great time for friendships, social events and group activities. Get out into the world and make sure you are seen. What you do alone may be important but what you do with others can change the world.

Aquarius Jan. 21 - Feb. 19
Your destiny is in your own hands and it is up to you which direction you choose to travel. Listen to advice from those with more experience but be sure to make your own decisions.

Pisces Feb. 20 - March 20
Now is the perfect time to start making changes. If your present situation does not stimulate you, you will get plenty of opportunities to switch direction over the next few days.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

9					6			4
	8							
7		6		8				
2			1				8	
	1	8		9		2	4	
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							1	
4			9					6

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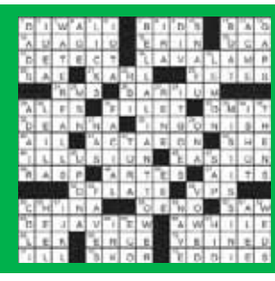

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2	7	9	6	8	4	3	1	5
8	4	1	3	5	7	9	6	2
9	3	2	5	7	6	4	8	1
1	6	7	4	9	8	2	5	3
4	8	5	2	3	1	6	9	7

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